

## GOOD MORNING

Please help yourself to items from our buffet table. Our restaurant team will then be along shortly to take your coffee, tea, toast and hot breakfast order.

# TEA, COFFEE AND TOAST

Birchall's English breakfast tea

(Decaffeinated, Earl Grey, green tea, peppermint, camomile, Darjeeling)

A freshly brewed cafetiere of coffee

White, malted seeded brown or gluten free toast with butter Selection of Tiptree jams, honey, or orange marmalade

Toasted sourdough crumpets (Available on request)

## BUFFET BREAKFAST

Fresh orange, apple, pink grapefruit juice

Selection of freshly baked pastries

Selection of cereals

Home made gluten free granola

Greek yogurt with mixed berry compote

Fresh fruit salad

Stewed prunes & apricots

Range of smoothies (Available on request)

#### COOKED BREAKFAST

All our breakfasts are cooked to order. All our eggs are free range.

# THE MILLSTREAM ENGLISH BREAKFAST

Dry cured smoked bacon, Treagust local free range, gluten free pork sausage, Portobello mushroom, grilled plum tomatoes, with a choice of eggs.

(Doreen's Yorkshire handmade black pudding, hash brown, baked beans, fried bread available on request).

## THE MILLSTREAM VEGETARIAN ENGLISH BREAKFAST

(Vegan option available on request)

Grilled Sussex halloumi cheese, Portobello mushroom, hash browns, grilled plum tomatoes, baked beans, with a choice of eggs

## THE MILLSTREAM CLASSIC CHOICES

Omelette with ham, cheese, mushrooms or tomato

Grilled whole Scottish kipper with lemon butter

Natural smoked Scottish haddock with poached eggs

Eggs florentine toasted muffin, poached eggs, spinach, hollandaise

Eggs benedict toasted muffin, poacheded eggs, smoked ham, hollandaise

Eggs royale toasted muffin, poached eggs, smoked salmon, hollandaise

Scottish smoked salmon, scrambled eggs, malted seeded brown toast

Toasted brioche, mixed berry compote, crème fraîche

Porridge, with milk, water or double cream with whisky & brown sugar

Slices of smoked baked ham, smoked Sussex cheese, salami, plum tomatoes

Food Allergies and Intolerances

All our dishes are prepared in one kitchen therefore we cannot guarantee absolute separation of allergens.

If you require further information on food allergens, please ask one of our team members.

